

Lemon Juice Substitute



Prep time 2 minutes

Allergy / Intolerance

Suitable for

Meal type

Misc

From book

[Amines](#), [Artificial Additives](#), [Artificial Colours](#),
[Glutamates](#), [Preservatives](#), [Salicylates](#)
[RPAH Elimination Diet - Low Chemical / Failsafe](#), [RPAH Elimination Diet - Moderate Chemical](#)
[Ingredient](#)
[Freezable](#), [Pre-preparable](#)
[The Failsafe Cookbook](#)

Ingredients

- 4 tablespoons Warm water
- 1 teaspoon Sugar
- 3/4 teaspoons Citric Acid (vary amount to taste)

Directions

1. Put the sugar into the warm water and stir to dissolve.
2. Add the citric acid.
3. Store in the fridge.



Note

Use this as a substitute whenever a recipe requires lemon.

Low Chemical / Failsafe