

Chipped Potatoes



Serves	4
Prep time	15 minutes
Cook time	45 minutes
Total time	1 hour
Allergy / Intolerance	Amines , Artificial Additives , Artificial Colours , Dairy , Egg , Glutamates , Preservatives , Salicylates , Wheat
Suitable for	Dairy / Lactose Free , Gluten Free , RPAH Elimination Diet - Low Chemical / Failsafe
Meal type	Side Dish
Misc	Serve Hot

Ingredients

- 4 Large potatoes (refer to note)
- Sea salt
- Sunflower or Rice Bran oil

Directions

1. Preheat the oven to 180°C, and line a tray with baking paper.
2. Peel the potatoes, if required, otherwise scrub the skins clean.
3. Thinly slice the potatoes almost all the way through for the entire length of the potato.
4. Place the potatoes on the tray and drizzle liberally with oil and sprinkle with sea salt.
5. Bake in the oven for 45 minutes.



Note

Low Chemical / FAILSAFE if the potatoes are peeled. If cooking for multiple people, you can leave the potatoes unpeeled for anyone who isn't on the FAILSAFE / Elimination diet.