

Baking Powder



Serves	1 cup
Prep time	5 minutes
Allergy / Intolerance	Amines , Artificial Additives , Artificial Colours , Dairy , Egg , Glutamates , Preservatives , Salicylates , Wheat
Suitable for	Dairy / Lactose Free , Gluten Free , RPAH Elimination Diet - Low Chemical / Failsafe
Meal type	Ingredient

Ingredients

- 1/4 cup bicarbonate of soda
- 1/2 cup cream of tartar
- 1/4 cup arrowroot

Directions

1. Sift all the ingredients together then pour into an airtight container and seal until ready to use.
2. Use 2 teaspoons per 1 cup of flour.

Note

Low Chemical / FAILSAFE, Gluten-free