BBQ Scallops



Serves	3-4
Prep time	5 minutes
Cook time	2 minutes
Total time	7 minutes
Allergy / Intolerance	Amines, Artificial Addititives, Artificial Colours, Glutamates, Preservatives, Salicylates
Suitable for	RPAH Elimination Diet - Low Chemical / Failsafe
Meal type	Appetizer, Side Dish
Misc	Child Friendly, Pre-preparable, Serve Hot
Occasion	Barbecue, Christmas

Ingredients

- 300g fresh scallops (roe left on)
- 1 teaspoon Butter
- 2 teaspoons Minced garlic

Directions

1. Mix the butter and garlic together.
2. Place the garlic butter onto the hot plate of the BBQ and allow to melt.
3. Add scallops and cook each side for 1 minute.
4. Serve immediately.

Note

Low Chemical / Failsafe