BBQ Salmon



Serves	1
Prep time	5 minutes
Cook time	4 minutes
Total time	9 minutes
Allergy / Intolerance	Amines, Artificial Addititives, Artificial Colours, Glutamates, Preservatives, Salicylates
Suitable for	Amines Challenge, RPAH Elimination Diet - Amines Allowed, RPAH Elimination Diet - Moderate Chemical
Meal type	Main Dish
Misc	Child Friendly, Pre-preparable, Serve Hot
Occasion	Barbecue

Ingredients

- Tail piece of salmon (1 piece per person)
- Crushed garlic

Directions

1. Place the salmon skin side down on the hot plate or grill of a BBQ. Smear crushed garlic over the top side of the salmon.
2. Cook each side for 2 minutes.
3. Serve immediately.

Note

Low salicylates, low glutamates, amines